

# Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Norville  
St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



## Vision

*To be A Vibrant Eucharistic Community*

### Pastoral Team

#### Administrator

Rev Tomy Kuruvelil Ouseph CFIC  
Phone: 0408 632 015  
Email: tomycfic@yahoo.co.in

#### Assistant Priest

Rev Baby Thomas CFIC  
Phone: 0400 568 491  
Email: baby.thomas@bbcatholic.org.au

#### Augustinian Sisters of Our Lady of Consolation—Convent

11 Pandora Pde Norville  
4396 9128

Sr. Josefa Mabini OSA  
Sr. Jennifer Canillas OSA

#### Parish Office Hours

9am to 2pm Mon To Fri  
Ph 4396 4455  
458 Main Rd Norville NSW  
Mail PO Box 1 Toukley NSW 2263

Email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au)

Website [www.bbcatholic.org.au/toukley](http://www.bbcatholic.org.au/toukley)  
Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Mrs Alicia Klein  
Office Assistant: Mrs Lorrie O'Brien

#### Catechist Coordinator

Mrs Alicia Klein

#### Sacramental Coordinator

Mrs Lorrie O'Brien

#### Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

#### Parish Schools

St Mary's  
Principal Mr Kevin Williams 4396 5100

#### St Brendan's

Principal Mr Craig McNee  
4358 1501

#### St Brigid's College

Principal Mr Adam Murdoch 4358 4278

Twenty-first Sunday of Ordinary Time Year B

22nd August 2021



**“Lord. You have the Words of Eternal Life”**

In John's Gospel, Chapter 6, we have the teaching on Eucharist by our Lord Jesus. His teaching on Eucharist was rather extraordinary and not so easily understood by the people. For a Jew to eat the body and drink the blood of a person was unthinkable and totally repugnant. Today's Gospel passage is in the context of the sad turn of events after the multiplication of bread by Jesus. After the miracle, Jesus gave a teaching that unless they eat His body and drink His blood, they will not have life. People took this teaching literally. As a result, many who followed Jesus till that day said goodbye and went away.

Seeing the negative reaction of the crowd Jesus put a challenging question to the Apostles. "Will you also go away?" Peter responded immediately and gave a very reassuring and important answer which spoke of the need to stick to Jesus and His teachings by saying "Master, to whom shall we go? You have the words of eternal life". In moments of doubts and confusion, let us be assured that it is not the Lord who leaves us, but often we who leave Him.

In the narrative Jesus the Bread of Life, John presents to us the Eucharist as the source of the summit of our faith. He clearly indicated to the disciples that Eucharist means being one with Him and united to him. The disciples were being presented with a crucial choice to accept Jesus or to reject him. It was indeed a matter of challenge. Right from the time of Jesus till today, the teaching on Eucharist remains a dividing force. Even today many of the followers of Christ are unable to accept it and those who accept it are often unworthy to receive it.

John presents Jesus to us as the person who knew everything even to the point of betrayal. Jesus had presented his followers the challenge to move from understanding himself and the world merely from a natural point of view.

Now it is our turn to tell the Lord "Lord to whom shall we go? You have the words of eternal life". Let our prayer always be, 'draw us closer to you, O Lord, so that we may follow you in love and trust'.

Fr Baby

### **BAY CONNECT—Online resources for everyone**

The Diocese of Broken Bay has launched **BAY CONNECT**, an online program of regular activities commencing on 30 August, to converse, reflect and connect spiritually online with our communities. Access the Bay Connect page here: <https://www.bbcatholic.org.au/news/covid-19-updates/prayer-resources/bay-connect> We encourage you to join as many activities as you can.

### **Pastoral Works Broken Bay**

Charitable Works Fund (CWF) has re-branded to Pastoral Works Broken Bay.

We appreciate any support that can be given, no matter how big or small. Our ministries continue to operate and provide vital services. We encourage donations at [www.bbcatholic.org.au/pastoralworks](http://www.bbcatholic.org.au/pastoralworks). All donations over \$2 are tax-deductible. Collection envelopes for Masses will be available when our churches re-open.



### **Lectio Divina—every Thursday 5pm via Zoom**

Sr Josie and Sr Jennifer invite you to join them for their weekly Lectio Divina (Break open the Word) every **Thursday at 5pm** to look at the Gospel for the following Sunday. If you would like to participate, please visit the Parish Facebook page for more information or email the Parish Office for details of how to access the meeting.

### **LIVE STREAM: Sunday Mass 9am**

We will be live streaming our 9am Mass this Sunday 22nd August. You will find the link at our Facebook page: Toukley-Lake Munmorah Parish.

### **CatholicCare Foster Care Campaign**

If you have space in your home and room in your heart, please reach out now. Call (02) 4320 7777 or visit [www.fostering.org.au](http://www.fostering.org.au).



### **Confirmation Sacramental Program**

Please pray for the children who have begun their Confirmation Sacramental journey. We also thank the class leaders, Sr Jennifer, Sr Josie, Alison Newell, Jo Spek and Kate Drake, who are very generously giving their time to prepare the children. We pray that the Holy Spirit will be present as these leaders, candidates and families begin this important journey.

### **CatholicCare can help with Coles/Woolworths vouchers.**

If you, or someone you know is finding it hard to put food on the table please call CatholicCare on (02) 9481 2600 or email them at [info@catholiccareddb.org.au](mailto:info@catholiccareddb.org.au). They are here to help our parish families. Please note this support is able to be offered due to Government funding so they will require ID and some documentation to access assistance but they can walk you through the requirements.

### **St Vincent de Paul - help available**

Vinnies Support Centres are still able to take calls and arrange food vouchers or food items to be delivered to those in need. Our closest Vinnies centre is Wyong. Ph 4353 5614. Open Mon-Fri 9.30am-4pm

### **National Day of Prayer in this Time of Pandemic – TO-DAY—Sunday 22 August**

An ecumenical National Day of Prayer has been organised for Sunday 22 Aug, calling Australia to come together in prayer in light of the current COVID-19 crisis. The theme is 'Lord have mercy', as we make this verse from Ps. 123 our own: **"Our eyes look to the Lord our God till He shows us His mercy"** (Ps. 123:2). A Prayer Call on Zoom, from 9am to 9pm on Sunday 22 August, will feature Church leaders and Indigenous Christian Leaders. Participants can join for as long as they wish. For more information and to register, please visit: <http://www.nationaldayofprayer.org.au/LordHaveMercy/>

### **Plenary Council: The Future of Catholicism in Australia, Forum 2: Outcomes and Actions for the Plenary Council**

Thursday 26 August 2021, 7:30pm-9:00pm (AEST) via Zoom **FREE REGISTRATION** More info: [www.accr.com.au](http://www.accr.com.au)

### **Natural Fertility Awareness Week August 23-29, 2021**

Tracking Fertility: Tracking Health

Would you like to discover a way of tracking your cycles and understand a method of family planning in which both members of the couple share this awesome responsibility? This knowledge is something every woman should have and every man can learn! The Billings Ovulation Method® is based on sound science and has been proven an effective Method to achieve or postpone a pregnancy and to monitor reproductive health. More info can be found: website <https://billings.life/n/> OR Contact your Billings Area Administrator, Maria: 0408402059 for a teacher nearest to you.

### **Vinnies Community Sleepout is going virtual!**

Fri, 27 Aug 2021 6:00pm, Venue: At home in your car, backyard or couch. Bring: We invite you to bring your warm clothes, a sleeping bag/swag and join us to raise much needed funds and awareness of homelessness. All funds generated from this event will go to supporting our three local Vinnies Support Centres, allowing us to continue providing essential services to the community with respect, justice, hope and joy.

Register or sponsor a participant to help us change lives and help shape a more just and compassionate society. <https://my.fundraise.vinniesnsw.org.au/vinnies-community-sleepout-central-coast-region-2021/>

### **Thank you**

Big thanks to everyone who joined the daily Rosary zoom we held from 1st to 15th August. It was a wonderful way to prepare for the Feast of the Assumption.



### **Anniversary of Ordination**

Fr Baby will celebrate his Ordination Anniversary on Sat 4th September. Please join us in congratulating Fr Baby and keep him in your prayers.



**THE GARAGE SERVICE CENTRE**  
at **BP Lake Munmorah**  
**4358 1302**  
ALL MECHANICAL & ELECTRICAL REPAIRS incl...  
Pink Slips • Wheel Balance & Alignment • Logbook Service • Brakes etc.  
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Unit 4, 11-13 Arizona Road, Charmhaven 2263  
Ph: (02) 4393 2443  
Email: [charmhaven@internode.on.net](mailto:charmhaven@internode.on.net)



Today we celebrate the **Twenty-first Sunday in Ordinary Time Year B**. Please keep each other in your prayers, and remember to stay home and stay safe. We look forward to seeing you soon.



**Prayer for People Affected by Covid-19**

*Jesus, during Your ministry on Earth You showed Your power and caring by healing people of all ages and stations of life from physical, mental, and spiritual ailments. Be present now to people who need Your loving touch because of COVID-19. May they feel Your power of healing through the care of doctors and nurses. Take away the fear, anxiety, and feelings of isolation from people receiving treatment or under quarantine. Give them a sense of purpose in pursuing health and protecting others from exposure to the disease. Protect their families and friends and bring peace to all who love them.*

**COVID-19 Restrictions – Places of Worship Diocese of Broken Bay** Latest Update: 28th July 2021. Due to current COVID restrictions for the Greater Sydney area, including the Central Coast, **our churches and all Parish buildings are currently closed.** This remains in place until 28th August.

**Parish Office—currently closed due to COVID restrictions**

Please do not visit the office but you are welcome to email us at [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au) or call 4396 4455. If you need to drop something off, please use the small slot next to the Parish office door. Alicia is currently working from home some days so please be patient with responses to phone messages. Email is preferred. In an emergency, please call one of the priests on their mobile (see front page of this Bulletin).

**Planned Giving during Lockdown**

**Option 1: Switch to credit card**—The invitation to switch/begin regular credit card giving remains available. The form is available on the Parish website. Please print & complete the form, then return it to the office by email [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au).

**Option 2: Donate directly to the Parish Bank Account**—if you are able to, please consider depositing your Planned Giving contribution directly into our bank account. Acc Name: Toukley Catholic Parish, BSB 062 784, Acc # 100001614, Ref # Your surname (and envelope number if you have one). Thank you in advance for your support.

**Know somebody who would like to receive this Bulletin?**

If you would like to add a name to our email list to receive this Bulletin, please send us an email at [toukleyparish@bbcatholic.org.au](mailto:toukleyparish@bbcatholic.org.au) and provide the email address that the Bulletin should be sent to.



**Week 12 Safeguarding Message:** Our Diocesan Commitment to Safeguarding is underscored by our faith in Jesus Christ who teaches the fundamental sanctity of each human person, and by our dedication to sustained education, practice and conversation about moral, legal and spiritual obligation to safeguard all those within our community.



*In your charity, please pray for those who have died and those who are sick.*



Recently Deceased  
Michael Rivett, Malia Veatupu,  
Shirley Chapman

Anniversaries  
Daniela Gala, Jack and Myra Hanlen, Elizabeth Sue Coles

Remembrances  
Gail Beer, Eileen Thorpe, Moore & Langley families, Greg Irvine, Valmai Joseph Stark Family

Please Pray for the Sick  
Nenita Turner, Yohanes Christanto Perdana, Jhezekiel Lambaran, Brian Lane, Joe Micallef, Anne Lacrosse, Eleanor Matthews, Dave Rodney, Maila Reyes, Mary Smith, Therese Chetcuti, Graham Moir, Julie Kozak, Sr Tincy Thomas

Funeral  
We pray for Paul Huggins, a long-time Parishioner. **Paul's funeral will be this Fri 27th Aug at St Mary's.** By invitation only, due to COVID restrictions.

**Pope Francis' Prayer Intention for August**

**The Church**  
Let us pray for the Church, that she may receive from the Holy Spirit the grace and strength to reform herself in the light of the Gospel.



**August Birthdays**

Sr Jennifer Canillas (6th Aug)  
Jake Elias (6th Aug)  
Ellen Sheerin (7th Aug)  
Bill Martin (9th Aug)  
Toutai Ketoni (9th Aug)  
Heather Baker (10th Aug)  
Lorrie O'Brien (13th Aug)  
Lance Scrivener (17th Aug)  
Peter Turner (20th Aug)  
Miriam Spiteri (23rd Aug)



*Call the office to have your birthday included!*

**Bulletin notices—Wednesday deadline**

Please ensure that any requests for Bulletin notices are supplied to the Parish Office by mid-day Wednesday. This is to allow time for the Bulletin to be prepared and printed. Thank you.

*Mackay Family Funerals*

In Association with Mackay Family Crematorium

A.B.N. 79 085 423 589

Head Office: 249 Pacific Highway West, Ourimbah 2258

PO Box 89 Ourimbah NSW 2258.

Phone: (02) 4362 2733 Fax: (02) 4362 2899



**Volunteer Angels**

**Male & Female**

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility

Please call Anne-Marie 4396 1555

The Community Visitors' Scheme

## First Reading

*Joshua 24:1-2, 15-18*

*We will serve the Lord God, because he is our God.*

Joshua gathered all the tribes of Israel together at Shechem; then he called the elders, leaders, judges and scribes of Israel, and they presented themselves before God. Then Joshua said to all the people: 'If you will not serve the Lord, choose today whom you wish to serve, whether the gods that your ancestors served beyond the River, or the gods of the Amorites in whose land you are now living. As for me and my House, we will serve the Lord.'

The people answered, 'We have no intention of deserting the Lord our God who brought us and our ancestors out of the land of Egypt, the house of slavery, who worked those great wonders before our eyes and preserved us all along the way we travelled and among all the peoples through whom we journeyed. We too will serve the Lord, for he is our God.'

The word of the Lord.  
**Thanks be to God.**

## Responsorial Psalm

*Ps 33:2-3, 16-23*

### **R. Taste and see the goodness of the Lord.**

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. **R.**

The Lord turns his face against the wicked  
to destroy their remembrance from the earth.  
The Lord turns his eyes to the just  
and his ears to their appeal. **R.**

They call and the Lord hears  
and rescues them in all their distress.  
The Lord is close to the broken-hearted;  
those whose spirit is crushed he will save. **R.**

Many are the trials of the just man  
but from them all the Lord will rescue him.  
He will keep guard over all his bones,  
not one of his bones shall be broken. **R.**

Evil brings death to the wicked;  
those who hate the good are doomed.  
The Lord ransoms the souls of his servants.  
Those who hide in him shall not be condemned. **R.**

## Second Reading

*Ephesians 5:21-32*

*This is the great mystery, it applies to Christ and the Church.*

Give way to one another in obedience to Christ. Wives should regard their husbands as they regard the Lord, since as Christ is head of the Church and saves the whole body, so is a husband the head of his wife; and as the Church submits to Christ, so should wives submit to their husbands, in everything. Husbands should love their wives just as Christ loved the Church and sacrificed himself for her to make her holy. He made her clean by washing her in water with a form of words, so that when he took her to himself she would be glorious, with no speck or

wrinkle or anything like that, but holy and faultless. In the same way, husbands must love their wives as they love their own bodies; for a man to love his wife is for him to love himself. A man never hates his own body, but he feeds it and looks after it; and that is the way Christ treats the Church, because it is his body - and we are its living parts. For this reason, a man must leave his father and mother and be joined to his wife, and the two will become one body. This mystery has many implications; but I am saying it applies to Christ and the Church.

The word of the Lord.  
**Thanks be to God.**

## Gospel Acclamation

*cf John 6:63, 68*

*Alleluia, alleluia!*  
Your words, Lord, are spirit and life:  
you have the words of everlasting life.  
*Alleluia!*

## Gospel

*John 6:60-69*

*Lord, whom shall we go to? You have the words of everlasting life.*

After hearing his doctrine many of the followers of Jesus said, 'This is intolerable language. How could anyone accept it?' Jesus was aware that his followers were complaining about it and said, 'Does this upset you? What if you should see the Son of Man ascend to where he was before?

'It is the spirit that gives life,  
the flesh has nothing to offer.

The words I have spoken to you are spirit  
and they are life.

'But there are some of you who do not believe.' For Jesus knew from the outset those who did not believe, and who it was that would betray him. He went on, 'This is why I told you that no one could come to me unless the Father allows him.' After this, many of his disciples left him and stopped going with him.

Then Jesus said to the Twelve, 'What about you, do you want to go away too?' Simon Peter answered, 'Lord, who shall we go to? You have the message of eternal life, and we believe; we know that you are the Holy One of God.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ**



**Next Sunday** - Twenty-second Sunday in Ordinary Time  
First Reading - Deuteronomy 4:1-2, 6-8  
Second Reading - James 1:17-18, 21-22, 27  
Gospel - Mark 7:1-8, 14-15, 21-23

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